



The Wy'east Beacon

A Welcoming Unitarian Universalist Congregation

*Whoever you are,
Wherever you come from,
You are welcome here*

'Wy'east': Ancient name for Mount Hood

WWW.WYEASTUU.ORG

November/December

What's Inside?

Special Collections

...Page 3...

Bread Service

...Page 3...

Celebration of Light

...Page 3...

Oregon Unitarian

Universalist Voices for Justice

...Page 4...

Portland People's

Climate March

...Page 4...

Before & After Worship

...Page 5...

Two Months of Sundays

...Page 6-7...

Wy'east meets at the

*Hollywood Senior Center at
1820 NE 40th, Portland.*

*The parking lot of the U.S.
Bank around the corner is
available for Wy'east on
Sundays. That's at the corner
of Northeast 41st Avenue
and Hancock Street. Please
make use of it!*

Marcia's Musings

As I write this, it is finally raining in Portland. After a long, dry summer that stretched into mid-October, I have finally taken my first fall hike through a damp and dripping forest, and the green is beginning to return to my lawn. I'm not complaining—it was fun to have so much sunshine, but I confess, I'm ready to return to the rhythms of fall. Soup, roasted vegetables, curling up around the fireplace with my family.

Certain things have a season (some longer seasons than others). Jack-o-lanterns, baseball, pumpkin spice everything at Trader Joe's. Other things come unannounced—grief, loss, sadness. Sometimes we don't understand why certain things come up when they do. We may think we're over something, but suddenly a holiday or anniversary reminds us that maybe we aren't quite as over something as we thought.

(Continued on page 2)

Sunday Sermons

11/2	Local Action for Global Environmental Justice	Jasmine Zimmer-Stucky
11/9	Generations: Millennials, Gen X, Boomers, The Greatest Generation	Rev. Marcia Stanard
11/16	Breaking Bread	Wy'east Community
11/23	Gender and Power, Violence and Rage	Rev. Marcia Stanard
11/30	The Secrets We Carry	Rev. Barbara Stevens
12/7	Environmental Justice in Oregon's Rural Communities	John Audley
12/14	Kindle the Flame	Rev. Marcia Stanard
12/21	Celebration of Light	Wy'east Community
12/24	Christmas Eve 5pm	Intergenerational Service
12/28	New Year Hymn Sing	Wy'east Community

(For Sermon Details, See "2 Months Of Sundays", On Pages 6 & 7)

From the Minister *(Continued)*

But one of the nicest things about Autumn is that it's a really good season for self-care. Maybe I just like cozy, but fires, hot cocoa, extra blankets, and even the ubiquitous flavor of pumpkin spice remind me to take things a bit slower, and be gentle with myself. If you're grieving, or even just feeling stuck, and a mug of tea isn't enough, remember to call your minister, or a friend. Caring for each other is one of the things we do. If you're noticing that someone else hasn't been around in a while, or seems to be sad, try reaching out. In the words of our Covenant:

We covenant with each other as a community of Love.
We will become our deepest and truest selves together.
We will be cared for, and will be called on to care for others.
We will stumble, but will restore one another, and begin again in Love.

May it be so. Blessed be, and Amen.

—*Rev. Marcia*

Worship Odds & Ends

On Sundays, it is helpful for long-time Wy'easters to sit up front, in the middle, or to the far left in order to be more welcoming to newcomers; it will make room for others who are new, people with children (who need to make quick escapes), or people who want to discreetly enter after the service begins. Thanks!

The Wy'east Worship Committee is always dreaming up new ideas for services, speakers and activities. To share ideas or help bring services to life, contact us at wyeast-worship@googlegroups.com or talk to Mark A., Amy O., Larry B., or Marcia Stanard.

If your child wants to light the chalice during a service, please contact anyone from the Worship Committee.



Contacting RE & the Board of Trustees

Contact the Religious Education Committee Chair if you have questions about our children's programming at Wy'east: wyeast-re@googlegroups.com.

If you have questions for the Wy'east Board of Trustees, you can send an email to wyeast-board@googlegroups.com or talk to any board member on Sundays at church.

Getting Connected @ Wy'east

Join the Wy'east Google Groups

Wy'east has two community-wide email lists through Google: "Wyeast" (for news and announcements about church events) and "Wyeast-chat" (an informal way for members and friends to share thoughts or events that are not official church happenings). To subscribe to these groups,

go to www.wyeastuu.org/contact
or groups.google.com/group/wyeast
and groups.google.com/group/wyeast-chat

Wy'east Directory

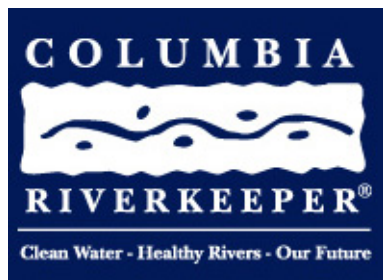
Wy'east has a directory of contact information for lots of people in the community. If you don't know where to find the directory, you're probably not in it; emails are sent periodically to everyone in the directory with instructions on how to access it. If you'd like to be added to our directory, contact Diane I. or anyone on the Engagement Committee.

Newsletter News

The Wy'east Beacon is published bimonthly. The deadline for the January/February issue submissions is Thursday, December 18th. Please send articles, meeting/event dates, poetry, artwork, book recommendations, favorite spiritual practices, etc. to: wyeast-news-editor@googlegroups.com. If you have any questions, contact Sharai E. or send an email to the above address.

To save paper and printing costs, we are printing fewer copies of the newsletter. We encourage you to view it online, at: <http://wyeastuu.org/newsletter>

Special Collections for November and December



November: **COLUMBIA RIVERKEEPER**

From the website: Columbia Riverkeeper's mission is to protect and restore the water quality of the Columbia River and all life connected to it, from the headwaters to the Pacific Ocean. Our strategy for protecting the Columbia includes working in river communities and protecting the people, fish and wildlife that depend on the Columbia River. Riverkeeper uses a range of activities to protect and restore the Columbia including public education, grassroots organizing, enforcement of environmental laws and on-the-river monitoring. Central to these efforts is our work to develop an active and coordinated alliance of diverse interests dedicated to making the restoration of the Columbia River a regional and national priority.



December:
SUSTAINABLE NW

from the website: In the early 1990s, fierce division and acrimony prevailed in every corner of the natural resources management sector. Lines were drawn in the dirt, lawsuits were filed, and relationships between industry, environmentalists, and government were toxic. The battle was commonly portrayed as "Jobs vs. The Environment." Amidst this crisis over how to manage natural resources, Sustainable Northwest was born. Our first assignment was to facilitate discussions in Wallowa about the county's future. 18 years later, communities around the region look to successes across Oregon, Washington, and Idaho for examples of how to manage natural resources in ways that support the community, strengthen the local economy, and restore the environment.



Bread Service

Each autumn, we pause to give thanks for the food we gather from the earth. On **November 16th**, in this intergenerational service, we'll hear a story from four of our members about the bread each has baked, has in hand, how it connects to their personal history, and the meaning it holds for them. Then, during social hour, they'll share these loaves with all of us.

Celebration of Light!

Wy'east's annual winter pageant of holidays from religious traditions around the world will be taking place during worship on **December 21st**.

The children will act out scenes in stories from Native American, Hindu, Jewish, Pagan, Christian, Thai, Chinese and African-American traditions.



Rehearsal for the celebration of light will be after worship on December 14, at about noon. Food will be provided; please tell Anders about any dietary restrictions so we can provide food that everyone can eat. Rehearsal may take up to 2 hours. Any adults interested in helping with the celebration are welcome to assist; we will need several extra adults to help direct some of the holidays.

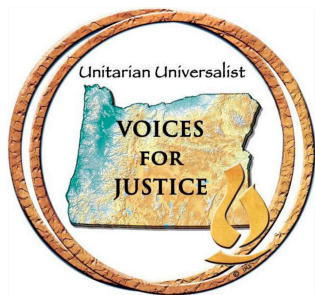
We will be displacing the potluck to the third week. People are welcome to stay and watch the rehearsal, but we will be reciting lines and processing back and forth throughout the Senior Center, trying to hear cues from across the room.

Rehearsal: December 14, 12:00 noon

Celebration of Light: December 21, 10:30 am

Potluck: December 21, NOT December 14.

Oregon Unitarian Universalist Voices for Justice



November 8, 2014

10 a.m. to 4 p.m.

Unitarian Universalist
Fellowship of Corvallis
2945 NW Circle Blvd.,
Corvallis, OR

UUs from around the state will gather in Corvallis to decide statewide advocacy priorities for 2015 and to create a plan for working together on those justice issues. We will report on UU justice activities around the state, connect congregations and UUs, and commit to making our UU values known in the public square.

We will gain tools to help us advocate and educate, celebrate our recent successes, reflect on what we have learned, and share news about ORUUVfj's organizational progress.

Beverages and light snacks provided. Bring lunch or purchase (\$5 – reserve by Nov. 5) on site.

Oregon UU Voices for Justice is one of fifteen statewide UU advocacy networks. For more information about Oregon UU Voices, the annual meeting, or for instructions on submitting a proposal for action go to www.uuvoicesoregon.org

Annual Thanksgiving Luncheon

On **November 23rd**, Wy'east UU and the Hollywood Senior Center will once again co-host our annual Thanksgiving Luncheon for fifty seniors from the HSC. Everyone contributes something to this meal. Amber from the HSC gets turkeys and ham and other things donated, and around thirty members of Wy'east make side dishes, pies, and all the fixins. The luncheon runs from 12:00 noon to 2:00 PM. If you have something to bring, Mark A. is the coordinator and would love to hear from you.

Portland People's Climate March

On September 21st several Wy'east members attended the Portland edition of the People's Climate March, which was part of a worldwide event, featuring a huge march in New York City, with over 300,000 people telling world leaders that people are ready for strong action against climate change. Portland's featured about 5,000 people gathering on Waterfront Park. Many attendees were dressed in colorful costumes, carrying many signs calling for clean energy and for eliminating fossil fuels. We heard several speakers, ranging from Governor Kitzhaber, an organizer from OPAL Environmental Justice (a previous Wy'east Special Collection recipient), a union leader, and different religious leaders.

Several people spoke of the need for a sustainable society so that we don't fail the next generation. They emphasized that building a sustainable economy must become part of our lives. Our economy and our society are part of the environment, so repairing the environment involves repairing our society and ourselves.

Rev. Mark Knutson from Augustana Lutheran Church prayed that the world would take strong action to reduce climate change: "May generations to come not curse, but praise us." He remembered how at a 1994 environmental conference, the representative from Mozambique said we are separated from the world and each other, and environmental problems represent a spiritual crisis.

My favorite part was a red, white and blue sign worn by a woman: "Clean Energy is Patriotic." Yes!

—Karl Arruda



BEFORE & AFTER Worship

Programming in November & December

If you have a programming idea that you would like to facilitate in the future, please contact Amy O., Larry B., or Mark A.

November 2

- **Social Hour** • 11:30 am

November 9

- **Potluck Brunch** • 11:30 am. Bring a dish to share.

November 16

- **Social Hour** • 11:30 am
- **Seniors Group** • 12:00 noon
- **Young Adult Group** • 12:00 noon

November 23

- **Social Hour** • 11:30 am

November 30

- **Social Hour** • 11:30 am



December 7

- **Social Hour** • 11:30 am

December 14

- **Social Hour** • 11:30 am
- **Celebration of Light Rehearsal** • 12:00 noon
- **No potluck this week**

December 21

- **Potluck Brunch** • 11:30 am. Bring a dish to share.

December 28

- **Social Hour** • 11:30 am
- **Wy'east Poetry Group** • 12:00 noon

Sunday Potluck

Our potlucks will be held on **November 9th** and **December 21st**. Bring a dish to share.



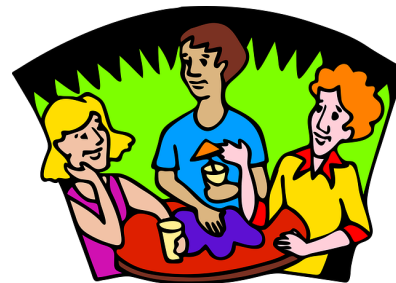
THE WY'EAST POETRY GROUP welcomes anyone



who is interested in poetry, whether or not they are a member of the congregation, to meet with us at noon on the 4th Sunday of every month. This is not a class nor is it a writing

group. Anyone who comes is welcome to share in reading poems aloud – either poems which they wrote themselves or those of favorite authors. If you prefer, you can just sit and listen! Whoever you are, wherever you come from, you are welcome here.

YOUNG ADULT GROUP The Young Adult group meets on the third Sunday of each month. We've been gathering at Panera Bread; they have a 'pay what you can' deal, so finances shouldn't be an issue to prevent people from joining. Like the senior group, we are very flexible on the age range considered "young adult." **Hope to see some of you there!**



November 2 LOCAL ACTION FOR GLOBAL ENVIRONMENTAL JUSTICE

Columbia Riverkeeper's Community Organizer, **Jasmine Zimmer-Stucky**, has taken on the coal industry, and says, "With the support of tens of thousands of people, we've won. Residents of the Northwest are uniquely suited, both geographically and morally, to confront the carbon polluting fossil fuel industry. This work is big, and as environmental justice advocates, it is our responsibility."

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.

November 9 GENERATIONS: MILLENNIALS, GEN X, BOOMERS, THE GREATEST GENERATION

We've all heard the identifiers, but what do generational differences mean, for individuals and the church? How do we understand each other's needs and gifts? Service by our minister, **Rev. Marcia Stanard**.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Wy'east Potluck Brunch: 11:30 a.m. Bring a potluck dish to share.

November 16 BREAKING BREAD

Each autumn, we pause to give thanks for the food we gather from the earth. In this service, we'll hear stories from four of our members about a loaf of bread, how the bread connects to their personal history, and the meaning it holds for them. Then, during social hour, they'll share these loaves with all of us.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children will stay for this multigenerational service, so there will be no RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.

November 23 GENDER AND POWER, VIOLENCE AND RAGE

Domestic violence and sexual harassment have been in the news lately. From the Ray Rice video to the #YesAllWomen twitter hashtag, we're confronted with the reality that the world isn't always a safe place for women, or those who transcend the gender binary. But there are slight cultural shifts which may indicate a more hopeful future. Service by our minister, **Rev. Marcia Stanard**.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.

November 30 THE SECRETS WE CARRY

It is said we are only as sick as our secrets. By exploring some of the "secrets" that have affected her life - mental illness, addiction, incarceration - Barbara Stevens reflects on how our Unitarian Universalist congregations can break the silence, be more inclusive, and challenge the shame and stigma in our wider culture. **Rev. Barbara Stevens** is a former hospital chaplain and the founder of the Universalist Recovery Church in Portland.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.

December 7 ENVIRONMENTAL JUSTICE IN OREGON'S RURAL COMMUNITIES

Far from interstates, river ways, and population centers, the inability to harvest Oregon's abundant natural resources has left communities in far eastern Oregon among the poorest in the nation. **John Audley**, president of Sustainable Northwest, will speak on how his organization's work finds solutions to natural resource tensions that benefit both nature and people. Sustainability is possible only with healthy ecosystems and healthy communities.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.

December 14 KINDLE THE FLAME

At this time of year when we celebrate the return of the light in so many faith traditions, let's take a moment to reflect on the peace and quiet our souls crave. Amidst the hustle & bustle, what are some good self-care strategies? Service by our minister, **Rev. Marcia Stanard**.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

After today's service, instead of our 2nd Sunday Potluck, we will be having rehearsal for our annual children's pageant, Celebration of Light. All children and youth are invited to stay and participate.

December 21 CELEBRATION OF LIGHT

Our children will once again be presenting the Winter Pageant, which features them in adorable costumes acting out the stories behind the solstice holidays of eight different religious traditions. This Wy'east creation celebrates how we all find meaning in the darkness of winter, no matter which stories are told, and which holidays we observe.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children will stay for this multigenerational service, so there will be no RE. Nursery care is also available for infants and toddlers.

Wy'east Potluck Brunch: 11:30 a.m. Bring a potluck dish to share.

December 24 CHRISTMAS EVE 5PM INTERGENERATIONAL SERVICE

Tonight we will light the menorah to celebrate the last night of Hannukah, and hear the traditional story of the Birth of Jesus. We'll sing carols that remind us of childhood, hear stories that touch us, and end with our traditional candlelit Silent Night. Service by our minister, **Rev. Marcia Stanard**.

Service: 5:00 p.m.

December 28 NEW YEAR HYMN SING

At this winter time awaiting the New Year, there is nothing so warm and cozy as a service where we sing hymns together, particularly those that bring us joy and hope for the days ahead. We will have some hymns picked out ourselves for sure, but you might also come with some favorites and requests.

Service: 10:30 a.m.

Religious Education (Pre-K – 8th Grade): Children attend the beginning of the service, and then go to RE. Nursery care is also available for infants and toddlers.

Social Hour: Join us for refreshments after the service.



Wy'east Unitarian Universalist Congregation

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